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**BEST SELLING AUTHOR AND ANTI-AGING EXPERT  
NICHOLAS PERRICONE, MD DISCUSSES THE HEALTH BENEFITS  
OF GREEN MAGMA<sup>®</sup> AND MAGMA SLIM<sup>®</sup> IN HIS LATEST BOOK**

**OXNARD, CA, Jan 2, 2006** – In the new top selling health book, *Dr. Nicholas Perricone's 7 Secrets to Beauty, Health, and Longevity* (Ballantine Books), Dr. Perricone presents a detailed research summary on **Green Magma<sup>®</sup>** barley grass juice and its ability to promote cellular rejuvenation.

Dr. Perricone discusses research done by the originator of Green Magma<sup>®</sup>, Dr. Hagiwara, along with Dr. Kubota, Dr. Shibamoto, Dr. Yu, and their colleagues on the anti-inflammatory, antioxidant, detoxifying and cholesterol-lowering effects of organic barley grass juice.

According to Dr. Perricone, a key attribute of barley grass juice is its ability to promote healthy cardiovascular function. He writes, *“As research has shown, barley grass not only helps support cardiovascular activity but also contains a variety of essential nutrients, antioxidants, and anti-inflammatory substances..... that significantly support cellular repair and rejuvenation.”*

He goes on to say, *“The demonstrated ability of Green Magma brand barley grass (the form of barley grass used in these studies) to restore cellular function is related to its anti-aging properties in fighting free-radical activity, reducing inflammation, and supporting healthy blood flow....”*

Dr. Perricone also mentions the clinical research showing that patients with type 2 diabetes who supplemented their diet with barley grass (as Green Magma<sup>®</sup>) showed reduced levels of both cholesterol and oxygen free radicals in their blood.

In his book's weight loss section, Dr. Perricone notes that the proprietary combination of nutrients in **Magma Slim<sup>®</sup>** (*organic Green Magma<sup>®</sup>, Super CitriMax<sup>®</sup> HCA, Clarinol<sup>™</sup> CLA, and green tea*) helps promote the physiological mechanisms involved in stimulating weight loss and lean body mass when combined with a healthful diet and regular exercise.

Green Magma<sup>®</sup> and Magma Slim<sup>®</sup> are green food dietary supplements manufactured by Green Foods Corporation and available at leading natural food markets, vitamin stores, and pharmacies in the United States and internationally.

For more information on Green Magma and Magma Slim go to [www.greenfoods.com](http://www.greenfoods.com).  
To learn more about Dr. Perricone visit [www.nvperriconemd.com](http://www.nvperriconemd.com).

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